



Bodhi Osteopathy

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To all our valued clients:

With the government of Manitoba announcement to allow therapeutic health care businesses to re-open, we have re-organized our clinic procedures to minimize the risk of corona virus spread.

Updated clinic booking policies:

- Before booking an appointment, each client must go through the Shared Health COVID-19 Screening tool (<https://sharedhealthmb.ca/covid19/screening-tool/>). If you pass the screening then we can proceed to booking an appointment. If the screening tool is not passed, then an appointment can not be booked and you must follow the Shared Health recommendations before booking.
- The day before your appointment we will call you to go over the screening again verbally (This is a mandated step by the province of Manitoba). If nothing has changed then the appointment will be kept.
- If you are unable to make an appointment due to sickness or symptoms we ask that you give us as much notice as possible so that we can offer the appointment time to someone else.

Updated clinic safety policies:

- Between each appointment clinic rooms and common areas will be disinfected. We have increased the time between appointments to minimize client crossover.
- Therapists and clients will be expected to wear masks for the duration of every visit. We encourage you to bring/wear your own mask, however if you don't have one then we will provide one for you.
- When you arrive for your appointment please wait in your car or outside of the building. We will call or text you when the cleaning procedures have been completed and we are ready for you to enter for your appointment.
- Please come alone unless you are accompanying a minor.

- Upon arrival, immediately sanitize your hands at the sanitizer station or wash your hands in the bathroom.
- Please have a seat on the bench near the shoes. We will meet you at the front and ask you if anything has changed since going over the screening tool. We may also take your forehead temperature. If there are no changes from the day before and your forehead temperature is normal then we will proceed with the treatment. If something has changed with the screening questions or you register a fever, then the appointment will need to be rescheduled.
- Hand sanitizer will be available throughout the clinic. In addition to using it upon entering, we encourage you to use it frequently, especially before or after touching any surface.
- To minimize many hands touching the water station, if you would like water during your visit we ask that you bring your own full water bottle as the self serve water station will be unavailable.
- Please follow any signs or floor markings regarding social distancing.
- For payments, please use the contact less payment options when possible.
- To reduce contact time, we will encourage rescheduling via e-mail or through our new online appointment booking porthole via our website (www.mybodhi.ca). If you would like to use the online booking porthole please send us an e-mail and we'll send you a secure link so you can set up your password.
- We kindly ask for no lingering following the appointment to allow us enough time to clean the clinic before the next appointment.
- In general, we will encourage reduced talking to help minimize the release of water vapour when we are speaking (this helps keep the masks dry and working more effectively as a barrier).

Both Marco & Darcy will also be doing the Shared Health screening tool and checking temperatures daily. If we don't pass the screening tool or have a fever then we will follow the Shared Health guidelines and reschedule all appointments.

It is beyond our scope of practice to determine the difference between COVID-19, influenza or allergies, so if anyone has any *new* symptoms we will assume it is COVID-19 until proven negative. We then defer to the Shared Health/Health Links guidelines during this time.

While we are currently allowed to return to work amidst this pandemic, it is not a return to our past normal. Some of these policies may be here to stay while others may change on short notice according to public health orders.

As we want to provide a safe environment for everyone, we appreciate your cooperation with these policies. Please let us know if you have any questions.

Thank you!

Marco & Darcy Nikkel